

The Sea Legs Route Check

Choose one route that matters. Consider it before you move.

PERSON + TASK + VESSEL

Consider these together. This is a reasoning aid, not a calculated risk score or a pass/fail test.

01

Support

What appears reachable, and when would support be needed? Appearance does not establish load-bearing suitability.

02

Surface

Where might water, grip, transitions or underfoot feel change?

03

Route

Where are gaps, turns, doors, thresholds and changes in level?

04

Light

Can important edges and changes be distinguished in the expected light?

05

Conditions

What could motion, weather, tide, fatigue, assistance, load or timing change?

Keep the boundary clear

Do not demonstrate a difficult or unsafe task for this guide. It is general education, not an individual assessment, product recommendation, installation instruction, marine survey, seaworthiness certificate or promise of safety. Clinical usefulness does not establish marine feasibility. Seek appropriately qualified advice for your circumstances.

One next question:

Explore the program: gcintegrative.com.au/sea-legs-for-life
For a private enquiry, visit the page or call (07) 5230 8968.
Please keep health and sensitive information out of web enquiries.

